

### **POSITION OVERVIEW**

Job Title: Middle School PE/Health Teacher

**Upper School Strength & Conditioning Coach** 

Campus: Upper School

Reports to: Upper School Director

Status: Full-time, 10-month

## **Job Description**

The Middle School PE and Health Teacher will provide a welcoming and encouraging environment for all students to explore a healthy and active lifestyle, and understand the process of acquiring and improving fitness, nutrition, and appropriate health behaviors. He or she will aid students in the exploration of God's mandate to honor our bodies by implementing a daily regime of physical activities and health practices in the gym, weight room, and classroom, and will facilitate understanding and competencies within the core of the Physical Education/Health discipline.

This position will teach the following classes:

MS Health and PF and HS Fitness

As Strength and Conditioning Coach, he or she will monitor the progress of student-athletes both in season and out of season. The SC will provide guidance on weightlifting and conditioning progression for all student-athletes.

# Qualifications

- A personal faith in Christ lived out in Christian character and worldview.
- Bachelor's degree in the applicable field of education from an accredited college or university.
- Must have or be eligible for a teaching license from VDOE

#### **Contract Details**

- Contracted by the Head of School upon recommendation of the school administrator for one year.
- Responsible to School Directors
- Supervise Students and Volunteers

# **Key Responsibilities**

- Develop and translate lesson plans into learning opportunities, physically and intellectually
- Integrate technology into the subject area
- Provide opportunities for success at all levels of physical readiness
- Differentiate equipment and materials to guide and challenge students at all levels
- Assess and evaluate students' competencies and developments in the subject area
- Maintain appropriate records and progress of students
- Communicate effectively with students and parents
- Maintain standards of student behavior and supervise student safety at all times
- Maintain professional competence through professional development
- Participate in curriculum development, faculty meetings and student sponsorship as needed
- Perform other duties as assigned or required

### PLEASE CLICK HERE FOR FULL FACULTY EXPECTATIONS